

## Selected Publications

Schilgen B, Nienhaus A, Handtke O, Schulz H, Mösko M (2017). Health situation of migrant and minority nurses: A systematic review. PLOS ONE; 12(6):e0179183.

Dingoyan D, Schulz H, Kluge U, Penka S, Vardar A, von Wolff A, Strehle J, Wittchen H, Koch U, Heinz A, Mösko M (2017). Lifetime prevalence of mental disorders among first and second generation individuals with Turkish migration backgrounds in Germany. BMC PSYCHIATRY; 17(1):177.

Mösko M, Dingoyan D, Penka S, Vardar A, Schulz H, Koch U, Heinz A, Kluge U (2016). Prevalence of Mental Disorders and Health Service Utilization among Individuals with Turkish Migration Backgrounds in Germany: A Study Protocol for an Epidemiological Investigation. Open Journal of Psychiatry; 06(03):237-252.

Dingoyan D, Mösko M, Imamoğlu Y, von Wolff A, Strehle J, Wittchen H-U, Schulz H, Koch-Gromus U, Heinz A, Kluge U (2016). Development and feasibility of the computerized Turkish edition of the Composite International Diagnostic Interview [DIA-X/ CIDIversion 2.8(TR)]. Int. J. Methods Psychiatr. Res.; doi:10.1002/ mpr.1533.

Mösko M (2015). Cross-cultural Opening – a long way to achieve substantial changes in the German mental health care system. Social-medicinsk tidskrift, 1/2015: 79-88.

Bernhard G, Knibbe R, von Wolff A, Dingoyan D, Schulz H, Mösko M (2015). Development and Psychometric Evaluation of an Instrument to Assess Cross-Cultural Competence of Healthcare Professionals (CCCHP). PLOS ONE 10(12):e0144049.

Bäärnhielm S, Mösko M (2015). Cross Cultural Communication with Traumatized Immigrants. In Schouler-Ocak, M (ed): Trauma and Migration - Cultural Factors in Diagnosis and Treatment of Traumatized Immigrants. Berlin: Springer, 39-55.

Mösko M, Gil-Martinez F, Schulz H (2013). Cross-cultural opening in German outpatient mental health care service - Explorative study of structural and procedural aspects. Journal of Clinical Psychology & Psychotherapy; 5: 434-46.

Bäärnhielm S, Javo C, Mösko M (2013). Opening Up Mental Health Service Delivery to Cultural Diversity: Current Situation, Development and Examples from Three Northern European Countries. In Alarcon (ed): Cultural Psychiatry. Adv Psychosom Med. Basel, Karger; 33:40-55.

## The MiPH-Team

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## Background

Forced migration, voluntary migration and immigration are global phenomena. Their effects on health, challenges and solutions as well as effective interventions for individuals, healthcare provisions and society are multifaceted and complex.

In light of these challenges, the Research Group on Migration and Psychosocial Health (MiPH) at the University Medical Center Hamburg-Eppendorf has set out to use scientific methods to highlight issues surrounding “Migration and Health” from different perspectives.

**Epidemiological** questions and evaluation of **structure, processes and outcome quality** in healthcare services are examined alongside of other areas of society such as civil protection and social work.

Areas of research include the following:

- Relationship between migration/refugee status and health/resilience
- Multilingualism
- Intercultural healthcare research
- Intercultural competence of staff members
- Intercultural opening of the healthcare system
- Cultural and linguistic sensitivity interventions and instruments

Links to some selected MiPH research projects:

[www.sprachmittler-qualifizierung.de](http://www.sprachmittler-qualifizierung.de)  
[www.kultursensible-psychotherapie.de](http://www.kultursensible-psychotherapie.de)  
[www.ikoe-pflege.de](http://www.ikoe-pflege.de)

## Quality Assurance

The MiPH Research Group also carries out application-oriented research as part of quality assurance initiatives. For example, quality standards for the qualification of community interpreters working with refugees are being developed as part of the “**BetweenLanguages**” project. To this end and using scientific methods, the foundations for the professionalisation of community interpreting in the field of social work can be established.

Guidelines for intercultural expertise in the training and development of psychotherapists have been drawn up as part of the “**Culturally Sensitive Psychotherapy**” project. These guidelines serve as important points of reference for scientists, teachers and educators.

## Public Relations

The MiPH Research Group also organises symposia such as “Intercultural Awareness in Healthcare in the Metropolitan Region of Hamburg” ([www.ikoe-gesundheit-hamburg.de](http://www.ikoe-gesundheit-hamburg.de)) in order to improve the healthcare of refugees and migrants.



This poster was part of a publicity campaign for an epidemiological study on the prevalence of psychological disorders in individuals of Turkish descent. ([www.segemi.de](http://www.segemi.de))

## Educational Measures

The MiPH Research Group develops and evaluates intercultural educational measures (lectures, seminars, training sessions) for various target groups (medical students, psychotherapists, social workers, migrants, refugees, etc.) on topics such as:

- Cultural Diversity in Medical Consultations
- Basic Intercultural Skills
- Intercultural Expertise in Psychotherapy
- First Aid in Hamburg

## Consultation & External Evaluation

We support the planning, application process and implementation of research projects on issues surrounding “Migration and Healthcare” and „Multilingualism. As part of our quality assurance efforts, we develop and evaluate treatment options, interventions and measures as an independent research institution.

## Internships

Psychology, medical or health and nursing students, as well as students from related disciplines, can complete research-oriented internships with us. Upon completion of an internship, we offer the supervision of bachelor, master and doctoral theses.

## Network

We can learn so much from each other and achieve so much together, which is why the link between research, healthcare and teaching is very close to our hearts. The MiPH Research Group is (inter)nationally networked with scientists, experts, treatment and healthcare providers, expert associations and migrant organisations working in the field of culturally and linguistically sensitive healthcare provision and research.